

Name: Colton Merrill, ATC, CPT		Grading Quarter: 2	Week 18 Beginning: December 2, 2024
School Year: 2024-2025		Subject: Sports Medicine and Rehabilitation Year 1	
Monday	Notes:	<p>Objective:</p> <ul style="list-style-type: none"> 1. Identify methods of injury prevention 2. List methods of injury prevention 3. Recognize methods of injury prevention <p>Lesson Overview:</p> <p>Unit 5 Injury Prevention</p> <p>L 1 Injury Prevention</p>	<p>Academic Standards:</p> <p>7.4</p> <p>5.7</p> <p>5.5</p> <p>5.3</p>
Tuesday	Notes:	<p>Objective:</p> <ul style="list-style-type: none"> 1. Identify individual reaction to injury. 2. List individual response to injury. 3. Recognize individual response to injury <p>Lesson Overview:</p> <p>L 2 Physical Response to Injury.</p>	<p>Academic Standards:</p> <p>8.1</p> <p>6.7</p> <p>7.4</p>
Wednesday	Notes:	<p>Objective:</p> <p>By the end of this lesson you will be able to:</p> <p>Define terminology</p> <p>Identify individual reaction to Injury</p> <p>List individual response to injury</p> <p>Recognize individual injury response</p> <p>Lesson Overview:</p> <p>L 3 Physiological Response to Injury.</p>	<p>Academic Standards:</p> <p>8.1</p> <p>6.7</p> <p>7.4</p>
Thursday	Notes:	<p>Objective:</p> <p>Define Return to Play Terminology.</p> <p>Identify Return to Play Steps.</p> <p>Learn to collaborate and work with a group to make and present a poster on one of the injury prevention methods.</p> <p>Lesson Overview:</p> <p>L 4 Return to Play</p>	<p>Academic Standards:</p> <p>7.6</p>

Friday	Notes:	<p>Objective:</p> <p>Define Return to Play Terminology.</p> <p>Identify Return to Play Steps.</p> <p>Learn to collaborate and work with a group to make and present a poster on one of the injury prevention methods.</p> <p>Lesson Overview:</p> <p>L 5 Injury prevention Poster project</p>	<p>Academic Standards:</p> <p>7.6</p>
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